

# Five Sports-Related Words and Phrases That Need to Go Away

Outside of church, there is probably no area in life that has more phrases, terminology, idioms, or figures of speech that get overused more than the world of sports. In almost every sporting event, an announcer, coach, or player will say something that we just accept even though it really makes very little sense. We need to stop accepting these things. We will begin the great purge with these five major offenders.

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## **“In his wheelhouse.”**

What is a wheelhouse? Why is it a good thing that something be in a wheelhouse? Baseball was the first sport to run with this phrase and we are all dumber for it. Originally, a wheelhouse was a boating term for the part of a boat or ship serving as a shelter for the person at the wheel. It has since become a way to show expertise in an area or something in which someone excels.

Why? Who was the first person to see an athlete performing at the top of their game and think to themselves, “Such and such skill is in his wheelhouse”? I would like to have a few words with that forward thinker.

Maybe I’m weird, but when I hear the word “wheelhouse,” I think of a house full of wheels. A house to store wheels of various sizes and purposes. I’m not sensing any real expertise here. Most people that I know that would have a house full of wheels are not experts at anything.

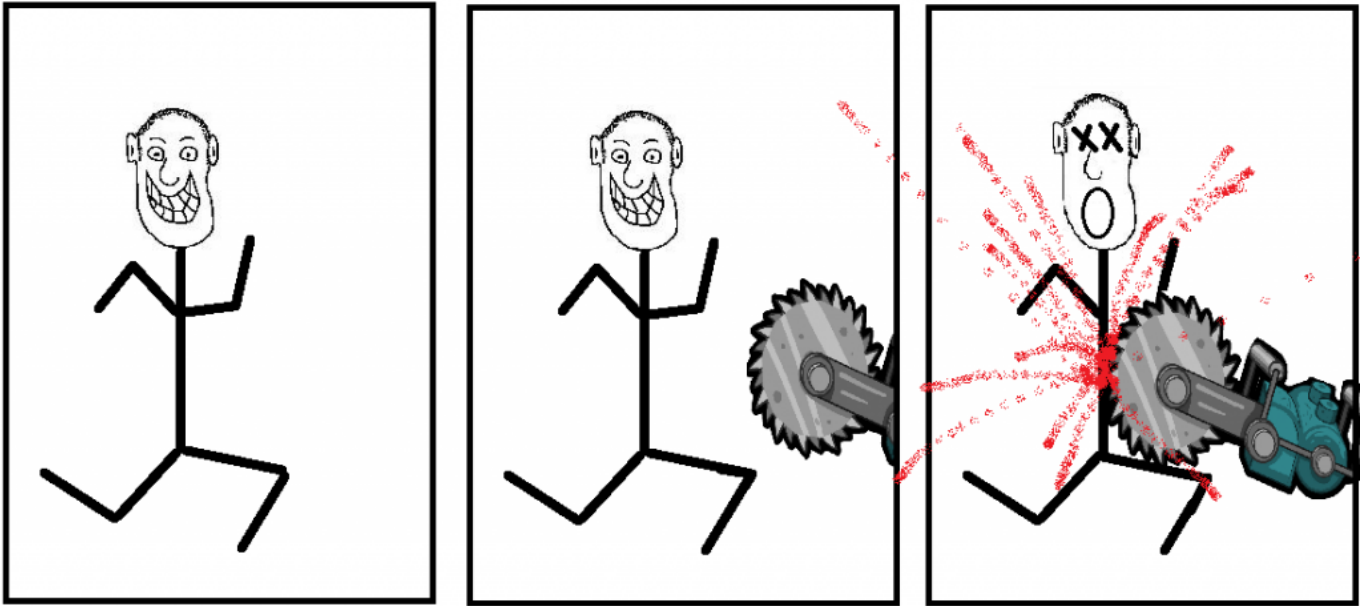
Or I think of a house that is a literal “wheel house.” Still not getting any expertise from this phrase.



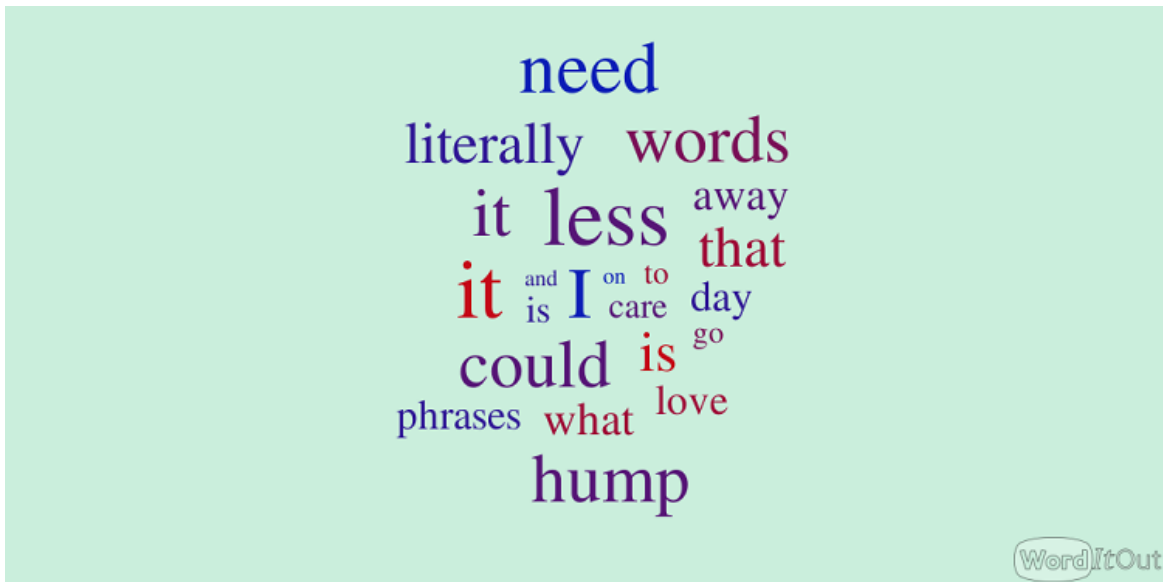
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## **“They ran into a buzzsaw.”**

You hear this all the time from commentators when one team is completely overmatched by their opponent. “They ran into a buzzsaw.” First, that sounds unbelievably painful. Second, who is dumb enough to actually run into a buzzsaw? Finally, is this a common enough occurrence that an entire phrase has been built around it? Are there thousands of poor souls out there that have literally run into buzzsaws, thereby giving us this visually striking phrase?



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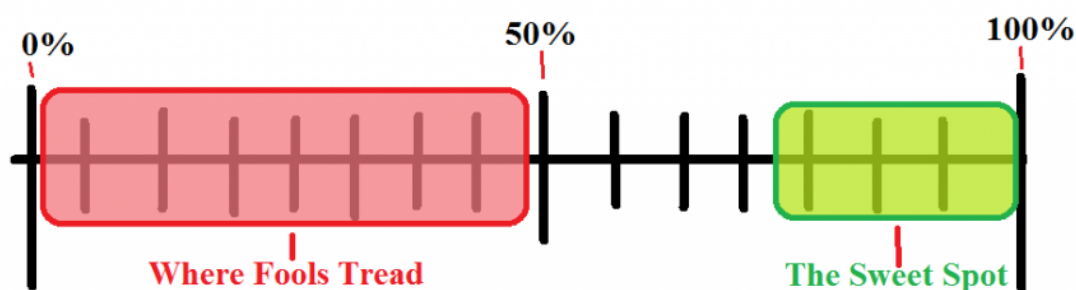
Click here for more words and phrases that need to go away.

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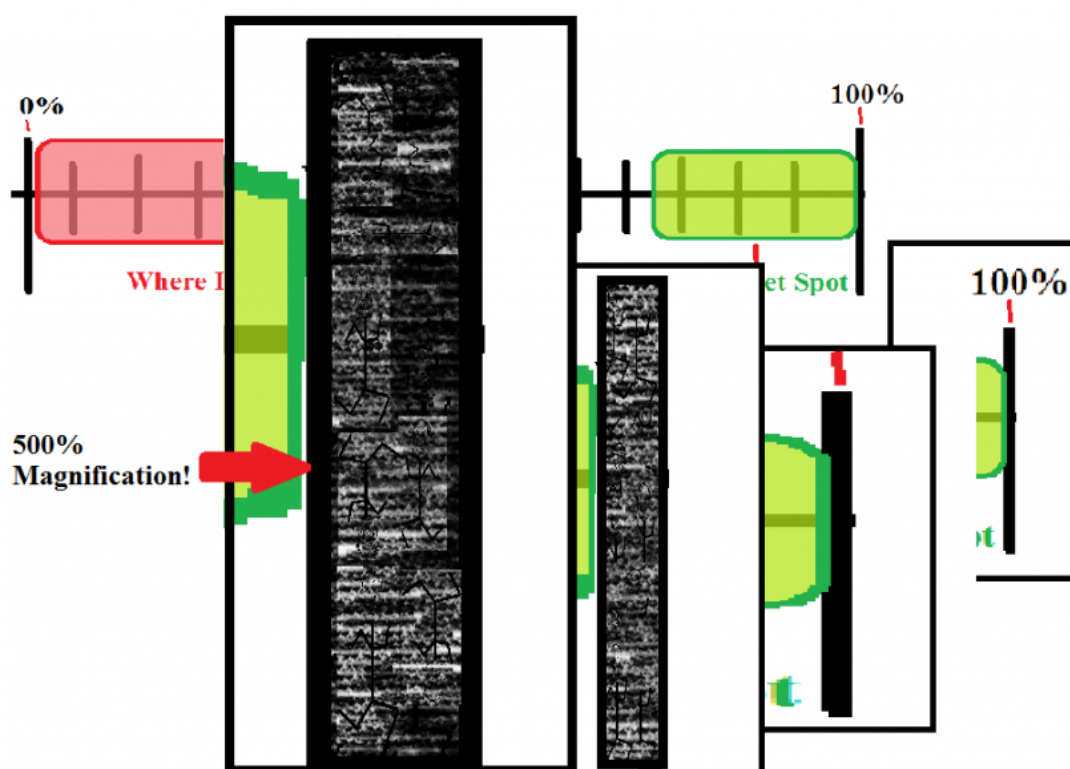
**“We went out there and gave 110%.”**

No. You didn't. If we are being as literal as possible, you probably didn't even give close to 100% either. Even if you are one of those athletes that go “all out”, you are most likely still holding a small amount in reserve because you would collapse in complete exhaustion if you actually gave 100% of your effort each play. Of course, there are the nerds out there that will cite baselines, 800% growth in certain markets, and things like that to prove that athletes that say this know exactly what they are talking about. I guarantee that the athletes that say this are not thinking about those things at all – instead they are trying to pick a number greater than 100 to show how hard they played. I get it and I don't hold it against them too much, but they could and should find better ways of describing their effort instead of this worn out phrase.

Below, you will see The Effort Chart. It is a comprehensive analysis that has taken years of research, time, and not ironically, effort, to put together. It is self-explanatory.



As you can see from the chart above, there is nowhere else to go after 100%. What you may not notice is the detail included in this chart. Based on the mountains of data we had to sort through to develop it, it is necessary to magnify it nearly 500% to truly appreciate the full extent of our findings. That line below the 100% Effort is not actually a line. It is an invisible barrier that cannot be crossed. It is literally impossible to give effort above 100%. As you can see below, the line is formed by those attempting to expend more than 100% effort.



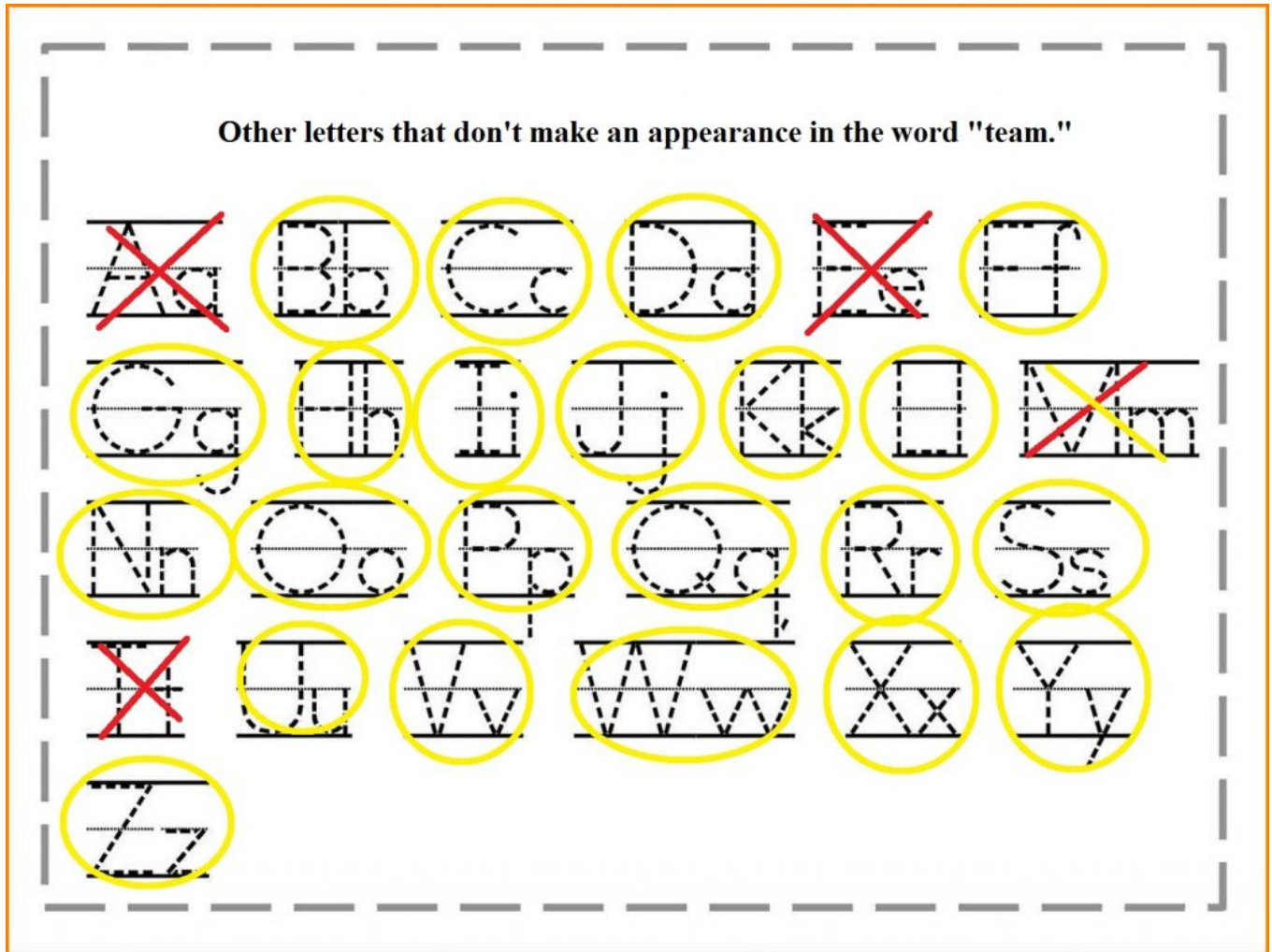
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**“There is no “I” in team.”**

I get it. I really do. When coaches or players use this worn out phrase, they are making a point about how important teamwork is. I just wish we had smarter ways of making that point. First, it is true that there is no “I” in the word team. Conversely, there are 21 other letters that don’t make



an appearance in the word team. It's not like the word "team" is just full of letters and the "I" got left out because it was being a jerk. There are a lot of words without the letter "I." In fact, most words don't have "I" in them. Why are we picking on "I" anyway? "I" is a great letter. I have two "I's" in my name.



And if we are being really specific here, a team is made up of a bunch of individual players. So, technically, there are a bunch of "I's" on any given team. "I's" that are hopefully working together for a common goal. Without those "I's" there is no team. Stew on that!

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## “G.O.A.T.”

I’ve saved the worst for last. Discussions about the greatest athlete of all time are ubiquitous. We’ve had a few of those ourselves at REO. I have no issue with the conversation or even the title, “Greatest of All Time.” But can we promise to each other, swear in the most sacred words we can summon, to never again use the term “G.O.A.T.”? The best at anything should not be associated with goats.

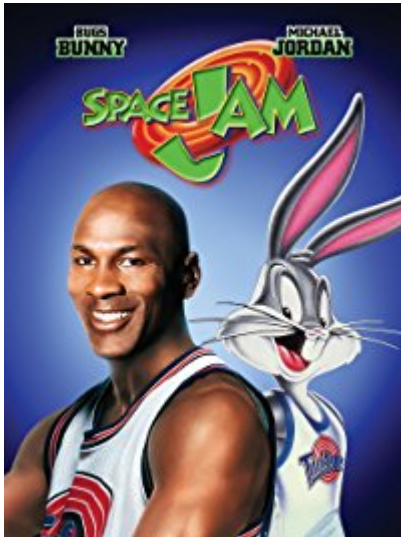
This is a goat.



This is another goat.



This is not a goat. It’s a rabbit. And Michael Jordan.



To make matters worse, we used to use the term “goat” to describe someone that blew the game for his team – someone that failed. When did we decide that it was okay to change that? Did I miss the vote on this because I am not okay with it at all. Michael Jordan might be the greatest of all time. Tom Brady might be the greatest of all time. Neither is the G.O.A.T. because that sounds dumb. Let’s stop being dumb.

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So there they are. These might not be the worst phrases out there. There are probably many others that I could have written about. I picked these five because they annoy me the most. I would love to hear what some of your least favorite sports-related phrases are. Tell us about them in the comment section below.



